



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.  
Number: 108

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 35:48

Speed: 15.59 km/h  
Running performance: 3:51 min/km

Rank in course/Total: 12 (of 307)

Rank in course/Men: 12 (of 223)

Best time in course: 32:03

Rank in category: 1(of 32)

Best time in the category: 35:48