



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Köhler, Ljuba

Club: LSV Arnstadt
Number: 118

Course: 9.30 km
Kurze Strecke

Category:
Frauen W50

Total time: 47:56

Speed: 11.27 km/h
Running performance: 5:09 min/km

Rank in course/Total: 135 (of 307)

Rank in course/Women: 17 (of 84)

Best time in course: 36:39

Rank in category: 3(of 11)

Best time in the category: 41:58