



## 9. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 07.04.2012

### Detailed evaluation

**Henkel, Uwe**

Club: SV Thuringia Königsee

Number: 33

Course: 9.30 km

Kurze Strecke

Category:

Männer M60

Total time: 48:05

Speed: 11.23 km/h

Running performance: 5:10 min/km

Rank in course/Total: 138 (of 307)

Rank in course/Men: 121 (of 223)

Best time in course: 32:03

Rank in category: 6(of 17)

Best time in the category: 39:26