



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Dr. Stubenrauch, Rolf

Club: Triathlonclub Suhl
Number: 185

Course: 9.30 km
Kurze Strecke

Category:
Männer M50

Total time: 48:10

Speed: 11.58 km/h
Running performance: 5:11 min/km

Rank in course/Total: 139 (of 307)

Rank in course/Men: 122 (of 223)

Best time in course: 32:03

Rank in category: 17(of 35)

Best time in the category: 36:48