



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Seupt, Gordon

Club: PFC Ilmenau e.V. 90  
Number: 170

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M35

Total time: 48:32

Speed: 11.13 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 152 (of 307)

Rank in course/Men: 133 (of 223)

Best time in course: 32:03

Rank in category: 12(of 17)

Best time in the category: 34:46