



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Protze, Rolf

Club: WSV Schmiedefeld/Rstg.
Number: 138

Course: 9.30 km
Kurze Strecke

Category:
Männer M60

Total time: 49:35

Speed: 10.89 km/h
Running performance: 5:20 min/km

Rank in course/Total: 175 (of 307)

Rank in course/Men: 150 (of 223)

Best time in course: 32:03

Rank in category: 9(of 17)

Best time in the category: 39:26