



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Müller, Carola

Club: Triathlon-Friedrichroda
Number: 261

Course: 9.30 km
Kurze Strecke

Category:
Frauen W45

Total time: 50:10

Speed: 11.12 km/h
Running performance: 5:23 min/km

Rank in course/Total: 184 (of 307)

Rank in course/Women: 26 (of 84)

Best time in course: 36:39

Rank in category: 10(of 19)

Best time in the category: 42:36