



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Marquas, René

Club: Suhl

Number: 300

Course: 9.30 km

Kurze Strecke

Category:

Männer M40

Total time: 50:18

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 186 (of 307)

Rank in course/Men: 160 (of 223)

Best time in course: 32:03

Rank in category: 27(of 32)

Best time in the category: 33:34