



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Thomas, Jörg

Club: Lauffreunde Gotha
Number: 50

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 50:54

Speed: 10.61 km/h
Running performance: 5:28 min/km

Rank in course/Total: 197 (of 307)

Rank in course/Men: 168 (of 223)

Best time in course: 32:03

Rank in category: 25(of 32)

Best time in the category: 35:48