



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Sonntag, Silke

Club: Arnstadt
Number: 278

Course: 9.30 km
Kurze Strecke

Category:
Frauen W40

Total time: 51:55

Speed: 10.40 km/h
Running performance: 5:35 min/km

Rank in course/Total: 206 (of 307)

Rank in course/Women: 34 (of 84)

Best time in course: 36:39

Rank in category: 6(of 13)

Best time in the category: 44:29