



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Görlach, Folker

Club: Hainichläufer Mühlhausen
Number: 56

Course: 9.30 km
Kurze Strecke

Category:
Männer M70

Total time: 52:43

Speed: 10.24 km/h
Running performance: 5:40 min/km

Rank in course/Total: 215 (of 307)

Rank in course/Men: 178 (of 223)

Best time in course: 32:03

Rank in category: 4(of 6)

Best time in the category: 45:53