



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Frank, Thomas

Club: SV Thuringia Königsee
Number: 277

Course: 9.30 km
Kurze Strecke

Category:
Männer M30

Total time: 54:05

Speed: 9.98 km/h
Running performance: 5:49 min/km

Rank in course/Total: 233 (of 307)

Rank in course/Men: 187 (of 223)

Best time in course: 32:03

Rank in category: 14(of 16)

Best time in the category: 34:09