



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Völker, Ekkehard

Club: Arnstadt  
Number: 183

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 56:02

Speed: 9.64 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 254 (of 307)

Rank in course/Men: 197 (of 223)

Best time in course: 32:03

Rank in category: 30(of 32)

Best time in the category: 35:48