



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Flemming, Mandy

Club: Freizeit Fitness Verein Martinroda  
Number: 19

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W20

Total time: 56:47

Speed: 9.51 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 259 (of 307)

Rank in course/Women: 61 (of 84)

Best time in course: 36:39

Rank in category: 17(of 19)

Best time in the category: 36:39