



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt e.V.  
Number: 79

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M55

Total time: 37:17

Speed: 14.48 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 26 (of 307)

Rank in course/Men: 25 (of 223)

Best time in course: 32:03

Rank in category: 3(of 15)

Best time in the category: 34:50