



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Waschke, Silke

Club: Arnstadt  
Number: 40

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W40

Total time: 57:21

Speed: 9.42 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 262 (of 307)

Rank in course/Women: 63 (of 84)

Best time in course: 36:39

Rank in category: 10(of 13)

Best time in the category: 44:29