



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Nickel, Manfred

Club: LG Sangerhausen

Number: 43

Course: 9.30 km

Kurze Strecke

Category:

Männer M65

Total time: 58:01

Speed: 9.31 km/h

Running performance: 6:14 min/km

Rank in course/Total: 268 (of 307)

Rank in course/Men: 202 (of 223)

Best time in course: 32:03

Rank in category: 6(of 9)

Best time in the category: 43:20