



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Heise, Reiner

Club: sc impuls erfurt e.V.
Number: 106

Course: 9.30 km
Kurze Strecke

Category:
Männer M60

Total time: 1:00:46

Speed: 8.89 km/h
Running performance: 6:32 min/km

Rank in course/Total: 287 (of 307)

Rank in course/Men: 213 (of 223)

Best time in course: 32:03

Rank in category: 16(of 17)

Best time in the category: 39:26