



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

**Foch, Mathias**

Club: SG Motor Arnstadt  
Number: 146

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M50

Total time: 38:27

Speed: 14.04 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 29 (of 307)

Rank in course/Men: 28 (of 223)

Best time in course: 32:03

Rank in category: 3(of 35)

Best time in the category: 36:48