



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Lotz, Albrecht

Club: Lauffreunde Geratal
Number: 531

Course: 9.30 km
10 km Nordic Walking

Category:
Nordic Walking Männer

Total time: 1:08:45

Speed: 7.85 km/h
Running performance: 7:23 min/km

Rank in course/Total: 3 (of 37)

Rank in course/Men: 3 (of 13)

Best time in course: 1:07:00

Rank in category: 3(of 13)

Best time in the category: 1:07:00