



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Sievers, Kai

Club: Sportteam Steinbach/ Meiningen
Number: 360

Course: 18.50 km
Lange Strecke

Category:
Männer M35

Total time: 1:15:27

Speed: 14.31 km/h
Running performance: 4:05 min/km

Rank in course/Total: 24 (of 165)

Rank in course/Men: 24 (of 144)

Best time in course: 1:02:22

Rank in category: 6(of 16)

Best time in the category: 1:08:41