



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Apel, Eckart

Club: Olympia Berga
Number: 415

Course: 18.50 km
Lange Strecke

Category:
Männer M45

Total time: 1:16:50

Speed: 14.06 km/h
Running performance: 4:09 min/km

Rank in course/Total: 27 (of 165)

Rank in course/Men: 27 (of 144)

Best time in course: 1:02:22

Rank in category: 3(of 20)

Best time in the category: 1:08:15