



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Roth, Andreas

Club: LG Brechen
Number: 388

Course: 18.50 km
Lange Strecke

Category:
Männer M45

Total time: 1:19:56

Speed: 13.51 km/h
Running performance: 4:19 min/km

Rank in course/Total: 39 (of 165)

Rank in course/Men: 38 (of 144)

Best time in course: 1:02:22

Rank in category: 4(of 20)

Best time in the category: 1:08:15