



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Thoma, Manfred

Club: Lauffreunde Geba
Number: 465

Course: 18.50 km
Lange Strecke

Category:
Männer M55

Total time: 1:21:31

Speed: 13.25 km/h
Running performance: 4:25 min/km

Rank in course/Total: 44 (of 165)

Rank in course/Men: 43 (of 144)

Best time in course: 1:02:22

Rank in category: 2(of 14)

Best time in the category: 1:13:03