



9. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Krause, Uwe

Club: Alach

Number: 472

Course: 18.50 km

Lange Strecke

Category:

Männer M50

Total time: 1:24:43

Speed: 13.10 km/h

Running performance: 4:35 min/km

Rank in course/Total: 56 (of 165)

Rank in course/Men: 54 (of 144)

Best time in course: 1:02:22

Rank in category: 2(of 24)

Best time in the category: 1:16:35