



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

**Krause, Uwe**

Club: Alach  
Number: 472

Course: 18.50 km  
Lange Strecke

Category:  
Männer M50

Total time: 1:24:43

Speed: 12.75 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 56 (of 165)

Rank in course/Men: 54 (of 144)

Best time in course: 1:02:22

Rank in category: 2(of 24)

Best time in the category: 1:16:35