



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Fritschka, Sabine

Club: Langewiesen  
Number: 518

Course: 9.30 km  
10 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:22:14

Speed: 6.57 km/h  
Running performance: 8:50 min/km

Rank in course/Total: 22 (of 37)  
Rank in course/Women: 12 (of 24)  
Best time in course: 1:09:47

Rank in category: 12(of 24)  
Best time in the category: 1:09:47