



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Fritschka, Dirk

Club: Langewiesen
Number: 511

Course: 9.30 km
10 km Nordic Walking

Category:
Nordic Walking Männer

Total time: 1:22:15

Speed: 6.57 km/h
Running performance: 8:50 min/km

Rank in course/Total: 23 (of 37)

Rank in course/Men: 11 (of 13)

Best time in course: 1:07:00

Rank in category: 11(of 13)

Best time in the category: 1:07:00