



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Oppenhäuser, Andreas

Club: Nordhausen  
Number: 346

Course: 18.50 km  
Lange Strecke

Category:  
Männer M50

Total time: 1:31:20

Speed: 11.82 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 83 (of 165)

Rank in course/Men: 79 (of 144)

Best time in course: 1:02:22

Rank in category: 11(of 24)

Best time in the category: 1:16:35