



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Amarell, Ludwig

Club: Rennsteiglaufverein LG Sued
Number: 437

Course: 18.50 km
Lange Strecke

Category:
Männer M75

Total time: 1:39:04

Speed: 10.90 km/h
Running performance: 5:21 min/km

Rank in course/Total: 117 (of 165)

Rank in course/Men: 109 (of 144)

Best time in course: 1:02:22

Rank in category: 1(of 1)

Best time in the category: 1:39:04