



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Liebaug, Lars

Club: Klumpfberts
Number: 453

Course: 18.50 km
Lange Strecke

Category:
Männer M20

Total time: 1:39:34

Speed: 10.85 km/h
Running performance: 5:23 min/km

Rank in course/Total: 119 (of 165)

Rank in course/Men: 111 (of 144)

Best time in course: 1:02:22

Rank in category: 20(of 24)

Best time in the category: 1:02:22