



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Riemer, Manfred

Club: Erfurt  
Number: 395

Course: 18.50 km  
Lange Strecke

Category:  
Männer M55

Total time: 1:39:56

Speed: 10.81 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 123 (of 165)

Rank in course/Men: 114 (of 144)

Best time in course: 1:02:22

Rank in category: 8(of 14)

Best time in the category: 1:13:03