



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

**Harder, Matthias**

Club: KfB Fallersleben  
Number: 439

Course: 18.50 km  
Lange Strecke

Category:  
Männer M50

Total time: 1:41:48

Speed: 10.61 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 131 (of 165)

Rank in course/Men: 120 (of 144)

Best time in course: 1:02:22

Rank in category: 20(of 24)

Best time in the category: 1:16:35