



9. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Fölsche, Volker

Club: WSV Ilmenau 1908

Number: 405

Course: 18.50 km

Lange Strecke

Category:

Männer M60

Total time: 1:42:20

Speed: 10.55 km/h

Running performance: 5:32 min/km

Rank in course/Total: 133 (of 165)

Rank in course/Men: 122 (of 144)

Best time in course: 1:02:22

Rank in category: 4(of 5)

Best time in the category: 1:23:56