



9. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Pölz, Andreas

Club: Nürnberg

Number: 344

Course: 18.50 km

Lange Strecke

Category:

Männer M30

Total time: 1:42:26

Speed: 10.84 km/h

Running performance: 5:32 min/km

Rank in course/Total: 135 (of 165)

Rank in course/Men: 124 (of 144)

Best time in course: 1:02:22

Rank in category: 13(of 14)

Best time in the category: 1:10:57