



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Michl, Ramona

Club: Sportteam STEINBACH Meiningen  
Number: 311

Course: 18.50 km  
Lange Strecke

Category:  
Frauen W30

Total time: 1:44:24

Speed: 10.34 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 141 (of 165)

Rank in course/Women: 12 (of 21)

Best time in course: 1:18:56

Rank in category: 1(of 3)

Best time in the category: 1:44:24