



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Lünser, Christian

Club: BSG Steigerwald Egstedt  
Number: 372

Course: 18.50 km  
Lange Strecke

Category:  
Männer M30

Total time: 1:44:34

Speed: 10.62 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 143 (of 165)

Rank in course/Men: 131 (of 144)

Best time in course: 1:02:22

Rank in category: 14(of 14)

Best time in the category: 1:10:57