



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Planke, Heike

Club: Ilmenau
Number: 401

Course: 18.50 km
Lange Strecke

Category:
Frauen W45

Total time: 1:50:44

Speed: 9.75 km/h
Running performance: 5:59 min/km

Rank in course/Total: 154 (of 165)

Rank in course/Women: 15 (of 21)

Best time in course: 1:18:56

Rank in category: 3(of 5)

Best time in the category: 1:27:10