



## 9. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 07.04.2012

### Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka

Number: 336

Course: 18.50 km

Lange Strecke

Category:

Männer M55

Total time: 2:01:15

Speed: 9.15 km/h

Running performance: 6:33 min/km

Rank in course/Total: 164 (of 165)

Rank in course/Men: 144 (of 144)

Best time in course: 1:02:22

Rank in category: 14(of 14)

Best time in the category: 1:13:03