



9. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

**Fleischmann, Heiko**

Club: Lauffreunde Gotha  
Number: 17

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M45

Total time: 42:28

Speed: 12.72 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 68 (of 307)

Rank in course/Men: 66 (of 223)

Best time in course: 32:03

Rank in category: 9(of 32)

Best time in the category: 35:48