



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Löser, Carsten

Club: Jena

Number: 216

Course: 9.30 km

Kurze Strecke

Category:

Männer M30

Total time: 34:09

Speed: 16.34 km/h

Running performance: 3:40 min/km

Rank in course/Total: 7 (of 307)

Rank in course/Men: 7 (of 223)

Best time in course: 32:03

Rank in category: 1(of 16)

Best time in the category: 34:09