



9. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 07.04.2012

Detailed evaluation

Meyer, Heiko

Club: FFV Martinroda
Number: 20

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 45:49

Speed: 12.18 km/h
Running performance: 4:56 min/km

Rank in course/Total: 99 (of 307)

Rank in course/Men: 90 (of 223)

Best time in course: 32:03

Rank in category: 14(of 32)

Best time in the category: 35:48