



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Schmidt, Martin

Club: Triathlon TEAM TG Witten
Number: 506

Course: 17.50 km
Panorama Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:29:15

Speed: 11.43 km/h
Running performance: 5:06 min/km

Rank in course/Total: 36 (of 82)

Rank in course/Men: 34 (of 66)

Best time in course: 1:05:47

Rank in category: 11(of 16)

Best time in the category: 1:14:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
5,2 km	5.20	28:22	5:27	8	3:23	26	7:14	5.20	28:22	5:27	11	3:12	17		
10,0 km	4.80	24:16	5:03	10	4:21	32	6:32	10.00	52:38	5:15	11	7:33	17		
Finish	7.50	36:37	4:52	11	7:10	42	9:42	17.50	1:29:15	5:05	11	14:43	34	23:28	