



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Eidens, André

Club: TSV Saalhausen
Number: 558

Course: 17.50 km
Panorama Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:29:37

Speed: 11.38 km/h
Running performance: 5:07 min/km

Rank in course/Total: 39 (of 82)

Rank in course/Men: 37 (of 66)

Best time in course: 1:05:47

Rank in category: 6(of 9)

Best time in the category: 1:05:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
5,2 km	5.20	29:29	5:40	5	8:21	38	8:21	5.20	29:29	5:40	6	8:21	14		
10,0 km	4.80	24:16	5:03	5	6:32	32	6:32	10.00	53:45	5:22	6	14:53	14		
Finish	7.50	35:52	4:46	5	8:57	33	8:57	17.50	1:29:37	5:07	6	23:50	37	23:50	