



Henneseer Panorama Lauf

Meschede - Hennesee / 15.04.2012

Detailed evaluation

Kunz, Hans-Jürgen

Club: Dortmund

Number: 523

Course: 17.50 km

Panorama Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:30:03

Speed: 11.33 km/h

Running performance: 5:09 min/km

Rank in course/Total: 40 (of 82)

Rank in course/Men: 38 (of 66)

Best time in course: 1:05:47

Rank in category: 2(of 3)

Best time in the category: 1:23:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	28:46	5:31	2	1:51	30	7:38	5.20	28:46	5:31	2	1:51	13	
10,0 km	4.80	24:19	5:03	2	1:46	34	6:35	10.00	53:05	5:18	2	3:37	13	
Finish	7.50	36:58	4:55	2	2:38	44	10:03	17.50	1:30:03	5:08	2	6:15	38	24:16