



Henneseer Panorama Lauf  
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Wieland, Kai

Club: LG Burg Wiedenbrück  
Number: 551

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:31:07

Speed: 11.52 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 47 (of 82)

Rank in course/Men: 44 (of 66)

Best time in course: 1:05:47

Rank in category: 7(of 9)

Best time in the category: 1:05:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	-	-	9		66		5.20	-	-	9		66	
10,0 km	4.80	-	-	9		66		10.00	-	-	9		66	
Finish	7.50	1:31:07	12:08	9	1:04:12	66	1:04:12	17.50	1:31:07	5:12	7	25:20	44	25:20