



Henneseer Panorama Lauf
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Kotthoff, Bertin

Club: Meschede
Number: 580

Course: 17.50 km
Panorama Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:37:02

Speed: 10.51 km/h
Running performance: 5:32 min/km

Rank in course/Total: 53 (of 82)

Rank in course/Men: 50 (of 66)

Best time in course: 1:05:47

Rank in category: 10(of 14)

Best time in the category: 1:18:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	32:04	6:10	10	6:26	51	10:56	5.20	32:04	6:10	10	6:26	2	2:23
10,0 km	4.80	26:55	5:36	11	5:54	55	9:11	10.00	58:59	5:53	10	12:20	2	4:18
Finish	7.50	38:03	5:04	9	6:30	46	11:08	17.50	1:37:02	5:32	10	18:50	50	31:15