



Henneseer Panorama Lauf
 Meschede - Henneseer / 15.04.2012

Detailed evaluation

Wahle, Edgar

Club: IP Folie
 Number: 522

Course: 17.50 km
 Panorama Lauf

Category:
 Senioren M45 (45-49 Jahre)

Total time: 1:37:18

Speed: 10.48 km/h
 Running performance: 5:34 min/km

Rank in course/Total: 55 (of 82)

Rank in course/Men: 52 (of 66)

Best time in course: 1:05:47

Rank in category: 14(of 16)

Best time in the category: 1:14:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	31:15	6:00	12	6:16	47	10:07	5.20	31:15	6:00	14	6:05	19	1:34
10,0 km	4.80	26:22	5:29	15	6:27	51	8:38	10.00	57:37	5:45	14	12:32	19	2:56
Finish	7.50	39:41	5:17	16	10:14	53	12:46	17.50	1:37:18	5:33	14	22:46	52	31:31