



Henneseer Panorama Lauf  
Meschede - Henneseer / 15.04.2012

Detailed evaluation

Leonhardt, Hille

Club: Vega Sprinter Henneseer  
Number: 583

Course: 17.50 km  
Panorama Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:44:36

Speed: 10.04 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 70 (of 82)  
Rank in course/Women: 11 (of 16)  
Best time in course: 1:28:30

Rank in category: 6(of 7)  
Best time in the category: 1:37:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
5,2 km	5.20	33:05	6:21	3	1:34	7	3:20	5.20	33:05	6:21	6	1:34	11	3:01
10,0 km	4.80	28:24	5:55	6	2:01	11	4:45	10.00	1:01:29	6:08	6	3:35	11	7:46
Finish	7.50	43:07	5:44	6	4:40	12	8:20	17.50	1:44:36	5:58	6	7:18	11	16:06