



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Griggel, Eddi

Club: SSV Meschede
Number: 578

Course: 17.50 km
Panorama Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:44:42

Speed: 9.74 km/h
Running performance: 5:59 min/km

Rank in course/Total: 72 (of 82)

Rank in course/Men: 61 (of 66)

Best time in course: 1:05:47

Rank in category: 6(of 7)

Best time in the category: 1:17:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
5,2 km	5.20	34:47	6:41	6	9:01	61	13:39	5.20	34:47	6:41	6	9:01	28	5:06
10,0 km	4.80	28:58	6:02	6	8:21	61	11:14	10.00	1:03:45	6:22	6	17:22	28	9:04
Finish	7.50	40:57	5:27	5	9:52	59	14:02	17.50	1:44:42	5:58	6	27:14	61	38:55