



Hennesee Panorama Lauf
Meschede - Hennesee / 15.04.2012

Detailed evaluation

Bayer, Angelika

Club: TUS Wallenstein
Number: 561

Course: 17.50 km
Panorama Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:45:40

Speed: 9.94 km/h
Running performance: 6:02 min/km

Rank in course/Total: 73 (of 82)
Rank in course/Women: 12 (of 16)
Best time in course: 1:28:30

Rank in category: 3(of 5)
Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
5,2 km	5.20	35:43	6:52	4	5:34	14	5:58	5.20	35:43	6:52	3	5:34	12	5:39
10,0 km	4.80	28:45	5:59	3	4:08	12	5:06	10.00	1:04:28	6:26	3	9:42	12	10:45
Finish	7.50	41:12	5:29	3	4:55	11	6:25	17.50	1:45:40	6:02	3	14:37	12	17:10